

## Appendix

### Proposal Probabilities for Model Adaptation.

$$\begin{aligned}
 p_{sp}(k, d) &= c^* \cdot \min\{1, \rho/(k+1)\}; \\
 p_{me}(k, d) &= c^* \cdot \min\{1, (k-1)/\rho\}; \\
 p_{sw}(k, d) &= c^*; \\
 &\quad d = 1, \dots, D; \\
 p_{em}(k) &= 1 - \sum_{d=1}^D [p_{sp}(k, d) + p_{me}(k, d) + p_{sw}(k, d)].
 \end{aligned}$$

Here,  $c^*$  is a simulation parameter, and  $k$  is the current number of states. The parameter  $\rho$  is the hyper-parameter for the truncated Poisson prior probability of the number of states, i.e.,  $\rho$  is the expected mean of the number of states if the maximum state size is allowed to be  $+\infty$ , and the scaling factor that multiplies  $c^*$  modulates the probability using the resulting state-space size  $k \pm 1$  and  $\rho$ .

### Determining Different Moves in RJ-MCMC

Expectation maximization (EM) is one regular hill-climbing iteration. After a move type other than EM is selected, one or two states at a certain level are selected at random for swap/split/merge, and the parameters are modified accordingly.

**Swap the association of two states:** Choose two states from the same level, each of which belongs to a different higher-level state; swap their higher-level association.

**Split a state:** Choose a state at random. The split strategy differs when this state is at different position in the hierarchy: when this is a state at the lowest level ( $d = D$ ), perturb the mean of its associated Gaussian observation distribution as follows

$$\begin{aligned}\mu_1 &= \mu_0 + u_s \eta \\ \mu_2 &= \mu_0 - u_s \eta\end{aligned}$$

where  $\mu_s \sim U[0, 1]$ , and  $\eta$  is a simulation parameter that ensures reversibility between split moves and merge moves. When this is a state at  $d = 1, \dots, D - 1$ , with more than one children states, split its children into two disjoint sets at random, generate a new sibling state at level  $d$  associated with the same parent as the selected state. Update the corresponding multi-level Markov chain parameters accordingly.

**Merge two states:** Select two sibling states at level  $d$ , merge the observation probabilities or the corresponding child-HHMM of these two states, depending on which level they are located in the original HHMM: When  $d = D$ , merge the Gaussian observation probabilities by making the new mean as the average of the two.

$$\mu_0 = \frac{\mu_1 + \mu_2}{2}, \quad \text{if } |\mu_1 - \mu_2| \leq 2\eta$$

When  $d = 1, \dots, D - 1$ , merge the two states by making all the children of these two states the children of the merged state, and modify the multi-level transition probabilities accordingly.

### Acceptance Ratio for Different Moves in RJ-MCMC.

The acceptance ratio for Swap simplifies into the posterior ratio because the dimension of the space does not change. Denote  $\Theta$  as the old model and  $\hat{\Theta}$  as the new model:

$$r \triangleq (\text{posterior ratio}) = \frac{P(x|\Theta)}{P(x|\Theta)} = \frac{\exp(\widehat{BIC})}{\exp(BIC)} .$$

When moves are proposed to a parameter space with different dimension, such as split or merge, we will need two additional terms in evaluating the acceptance ratio: a proposal ratio term to compensate for the probability that the current proposal is actually reached to ensure detailed balance; and a Jacobian term is used to align the two spaces.

Here,  $p_{sp}(k)$  and  $p_{ms}(k)$  refer to the proposal probabilities, see above, with the extra variable  $d$  omitted because split or merge moves do not involve any change across levels.